

RESUMÉ:

Title: The comparison of ice-hockey players preparatory term in three senior leagues of the Czech Republic

Work objective:

The aim of this thesis is to compare the ice-hockey players preparatory term in our three senior leagues in terms of training quantity, and to find out the outcomes of output motoric tests carried out at the end of the term.

Method:

The survey itself was implemented in the following clubs: Pardubice (extra league), Třebíč (I. league) and Blansko (II. league). In the preparatory term the teams were compared in parallel out of the ice rink, and the output motoric tests were implemented at the end of the term. The mathematical-statistics survey outcomes were used while comparing the teams.

Outcomes:

The comparison clearly shows that the most exacting preparatory term training belongs to team of the top-level league; nevertheless the best motoric tests outcomes were found out in the I. league Trebic team.

Key words:

Ice-hockey, preparatory term, sports training, motoric abilities, motoric tests.